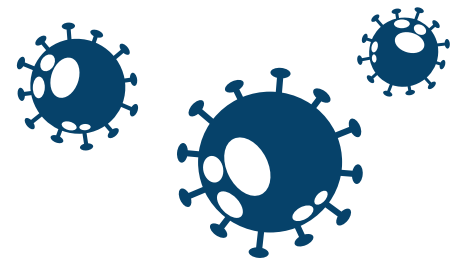


Coronavirus (COVID-19)

PUBLIC HEALTH ADVICE



PROTECT YOURSELF AND OTHERS FROM GETTING SICK:

Wear a community face mask in public when physical distancing is challenging.



Wash your hands often with soap or hand sanitizer.



Elbow cough/sneeze



Avoid touching eyes, nose, mouth with hands.



Cleaning surfaces properly



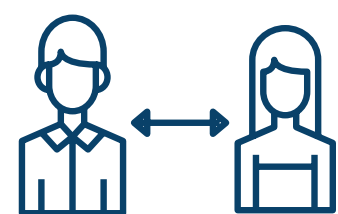
Cough in tissues and throw away



Stay home if you are sick

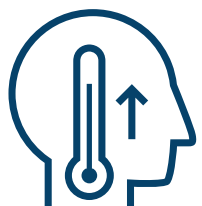


Avoid contact with sick person



Physical Distancing

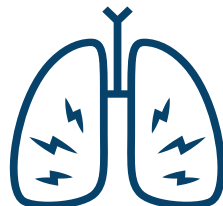
NEW SYMPTOMS INCLUDE:



Fever above 38 degrees Celsius



A new cough, or worsening chronic cough



Difficulty breathing



Runny nose



Sore throat



Headache



A new onset of fatigue



A new onset of muscle pain



Diarrhea



Loss of sense of taste



Loss of sense of smell



In children, purple markings on the fingers and toes

May 4th, 2020

FEELING SICK OR HAVE CONCERNS?

CALL TELE-CARE 811 BEFORE YOU PRESENT AT YOUR HEALTHCARE PROVIDER'S OFFICE OR THE EMERGENCY ROOM

For the latest information visit: www.gnb.ca/coronavirus